

CVB KZVP 26: Session: 95: COACH Evaluation sheet for TEAM: CNSW

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ 13:15 The listed starttimes are indicative!

Coaches: Teston Marco

Coaches: Heymans Alissia HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 503: 200M MEDLEY MEN 11+							Heat:1, starttime: 14:08	
Heat: 1/5 Lane : 3 Athlete: LATOUR NATHAN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 503: 200M MEDLEY MEN 11+							Heat:2, starttime: 14:12	
Heat: 2/5 Lane : 4 Athlete: GUAGNINI MISTRAL							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 503: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:16	
Heat: 3/5 Lane : 1 Athlete: HUTSE JENSEN							Q-time: 03:17:66	
PB (25m pool): 03:17.66 Woluwe-St-Lambert 29/05/2025							PB (50m pool): 03:20.59SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.19		no time		no time		03:17.66
	00:48.19							
								

Coach feedback:

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Event number: 503: 200M MEDLEY MEN 11+							Heat:3, starttime: 14:16	
Heat: 3/5 Lane : 3 Athlete: PANAIT FÉLIX							Q-time: 03:07:97	
PB (25m pool): no time			PB (50m pool): 03:07.97 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 503: 200M MEDLEY MEN 11+							Heat:4, starttime: 14:20	
Heat: 4/5 Lane : 2 Athlete: BIFOLCHI DIEGO							Q-time: 02:45:27	
PB (25m pool): no time			PB (50m pool): 02:54.68SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 503: 200M MEDLEY MEN 11+							Heat:5, starttime: 14:23	
Heat: 5/5 Lane : 1 Athlete: ZHU SAMSON							Q-time: 02:34:40	
PB (25m pool): no time			PB (50m pool): 02:34.40 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 507: 100M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 14:34	
Heat: 1/4 Lane : 2 Athlete: AHLBERG LIVIA							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

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Event number: 507: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 14:34
Heat: 1/4 Lane : 5 Athlete: VANDER STAPPEN SONIA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 507: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:37
Heat: 2/4 Lane : 2 Athlete: PANAIT ALICE					Q-time: 01:46:45
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 507: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:37
Heat: 2/4 Lane : 3 Athlete: JENKINS ANABELLE					Q-time: 01:41:52
PB (25m pool): 01:41.52 4053 - Embourg 19/11/2023 PB (50m pool): 01:48.25 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:41.52	
	no time				
					

Coach feedback:

Event number: 507: 100M BREASTSTROKE WOMEN 11+					Heat:2, starttime: 14:37
Heat: 2/4 Lane : 4 Athlete: JIMBO TENECELA ROSE					Q-time: 01:44:30
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 508: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:46
Heat: 2/7 Lane : 4 Athlete: GUAGNINI MISTRAL					Q-time: 01:23:04
PB (25m pool): 01:23.04 1070 Anderlecht 24/11/2024					PB (50m pool): 01:24.63 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:23.04	
	no time				
					

Coach feedback:

Event number: 508: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:50
Heat: 4/7 Lane : 2 Athlete: TERTEROV ARSÈNE					Q-time: 01:09:59
PB (25m pool): no time					PB (50m pool): 01:13.33 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 508: 100M FREESTYLE MEN 11+					Heat:4, starttime: 14:50
Heat: 4/7 Lane : 4 Athlete: LATOUR NATHAN					Q-time: 01:08:80
PB (25m pool): 01:16.03 1070 Anderlecht 24/11/2024					PB (50m pool): 01:13.38 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.05		01:16.03	
	00:37.05		00:38.98		
					

Coach feedback:

Event number: 508: 100M FREESTYLE MEN 11+					Heat:5, starttime: 14:51
Heat: 5/7 Lane : 2 Athlete: VERDEGEM ARTHUR					Q-time: 01:04:82
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 508: 100M FREESTYLE MEN 11+					Heat:5, starttime: 14:51
Heat: 5/7 Lane : 5 Athlete: BIFOLCHI DIEGO					Q-time: 01:05:90
PB (25m pool): 01:09.95 1070 Anderlecht 24/11/2024					PB (50m pool): 01:09.68 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.24		01:09.95	
	00:33.24		00:36.71		
					

Coach feedback:

Event number: 508: 100M FREESTYLE MEN 11+					Heat:6, starttime: 14:53
Heat: 6/7 Lane : 5 Athlete: WATERLOT STEENWERCK OSCAR					Q-time: 01:00:35
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 508: 100M FREESTYLE MEN 11+					Heat:7, starttime: 14:54
Heat: 7/7 Lane : 4 Athlete: ZHU SAMSON					Q-time: 00:56:04
PB (25m pool): 00:58.86 LEUVEN 25/02/2024					PB (50m pool): 00:59.84 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:58.86	
	no time				
					

Coach feedback:

Event number: 510: 400M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:20	
Heat: 1/4 Lane : 3 Athlete: VANDER STAPPEN SONIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time

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Coach feedback:

Event number: 511: 400M FREESTYLE MEN 11+							Heat:1, starttime: 15:47	
Heat: 1/2 Lane : 5 Athlete: TERTEROV ARSÈNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

Event number: 514: 50M BACKSTROKE MEN 18+							Heat:1, starttime: 16:06	
Heat: 1/2 Lane : 3 Athlete: WATERLOT STEENWERCK OSCAR							Q-time: 00:32:06	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 514: 50M BACKSTROKE MEN 18+							Heat:2, starttime: 16:08	
Heat: 2/2 Lane : 3 Athlete: ZHU SAMSON							Q-time: 00:28:59	
PB (25m pool): 00:28.80 LEUVEN 23/02/2025							PB (50m pool): 00:31.06SB: no time	
	2 5 M		5 0 M					
PB			00:28.80					
	00:28.80							
								

Coach feedback:

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Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:09
Heat: 1/4 Lane : 2 Athlete: VANDER STAPPEN SONIA					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:09
Heat: 1/4 Lane : 3 Athlete: HUSAK BLANKA					Q-time: 01:20:42
PB (25m pool): 01:26.89 LEUVEN 25/02/2024 PB (50m pool): 01:22.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:26.89	
	no time				
					

Coach feedback:

Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:09
Heat: 1/4 Lane : 4 Athlete: PANAIT ALICE					Q-time: 01:22:76
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 16:11
Heat: 2/4 Lane : 5 Athlete: AHLBERG LIVIA					Q-time: 01:15:51
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 16:13
Heat: 3/4 Lane : 5 Athlete: JENKINS ANABELLE					Q-time: 01:09:97
PB (25m pool): 01:09.61 Sinbad 23/07/2024			PB (50m pool): 01:12.09 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.61	
	no time				
					

Coach feedback:

Event number: 515: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 16:15
Heat: 4/4 Lane : 1 Athlete: MARZOUKI SANDRA					Q-time: 01:08:94
PB (25m pool): 01:08.94 LEUVEN 23/02/2025			PB (50m pool): 01:10.46 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.09		01:08.94	
	00:33.09 00:35.85				
					

Coach feedback:

Event number: 516: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 16:22
Heat: 3/5 Lane : 1 Athlete: LATOUR NATHAN					Q-time: 01:35:19
PB (25m pool): 01:36.49 1070 Anderlecht 24/11/2024			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.66		01:36.49	
	00:45.66 00:50.83				
					

Coach feedback:

Event number: 516: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:24
Heat: 4/5 Lane : 2 Athlete: BIFOLCHI DIEGO					Q-time: 01:24:88
PB (25m pool): 01:28.60 1070 Anderlecht 24/11/2024			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.03		01:28.60	
	00:40.03 00:48.57				
					

Coach feedback:

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Event number: 516: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:24
Heat: 4/5 Lane : 4 Athlete: VERDEGEM ARTHUR					Q-time: 01:24:69
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 517: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 16:28	
Heat: 1/3 Lane : 3 Athlete: AHLBERG LIVIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 517: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 16:28	
Heat: 1/3 Lane : 4 Athlete: HUSAK BLANKA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 517: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 16:32	
Heat: 2/3 Lane : 1 Athlete: VANDER STAPPEN SONIA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

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Event number: 517: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 16:32	
Heat: 2/3 Lane : 2 Athlete: JIMBO TENECELA ROSE							Q-time: 03:13:84	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 517: 200M MEDLEY WOMEN 11+							Heat:3, starttime: 16:36	
Heat: 3/3 Lane : 1 Athlete: MARZOUKI SANDRA							Q-time: 03:04:52	
PB (25m pool): 03:04.52 Sinbad 25/07/2023				PB (50m pool): 03:13.12SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:04.52
	no time							
								

Coach feedback:

Event number: 518: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 16:40	
Heat: 1/2 Lane : 2 Athlete: HUTSE JENSEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 518: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 16:40	
Heat: 1/2 Lane : 4 Athlete: PANAIT FÉLIX							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback: